

CURRICULUM VITAE

Miss Anastasia Apostolopoulou
Ptychio Iatrikes, CCST in General Surgery
Breast Surgeon

SEPTEMBER 2016

Name: Anastasia Apostolopoulou

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Date of Birth: 21/06/1970

Gender: Female

Nationality: Hellenic

Marital Status: Single

Registration:

1) Full Registration in GMC / U.K, No: 6056417, Date of reg: 10/12/2002

and in GMC Specialist Registration in General Surgery.

2) Full Registration in EXEM (Hellenic society of Breast surgeons)

Qualifications

- **Ptychio Iatrikes** (Degree in Medicine), University Medical School of Patras, Greece. Date: 8/12/1994
- **CCST** in General Surgery, University Hospital of Patras, Greece. Date: 8/8/2002
- Specialization in Breast Surgery for three years in King's Hospital London , UK. (2002-2005)

Awards

1. Scholarship from the University Medical School of Patras for attending an educational program in “**Nazionale Istituto dei Tumorei**” in the Department of General and Breast Surgery in Milan, Italy from 15/09/2000 to 15/10/2000
2. Award for best poster presentation during the *2nd Panhellenic Congress of the Greek Blood Transfusion Society in collaboration with the British Transfusion Society*, Patras 18-20 April 2002. Title: **Conservative treatment on trauma injury of liver and spleen.** (my thesis)

Current Post

June 2005- up to now working in Greece as a Breast Surgeon in the private section

- April 2004 – May 2005 Senior Clinical Fellow in Breast Surgery in King’s College Hospital of London.

Previous Appointments:

- 03/2003-03/2004 Clinical Fellow in Breast Surgery in King’s College Hospital, London
- 08/2002 – 10/2002 General Surgeon in the Hellenic Red Cross Unit in Patras, Greece
- 06/ 1996 – 06/ 2002 Trainee in General Surgery in the University Hospital of Patras, Greece.
This was a six year rotation in General Surgery leading to the Certificate of Completion of Surgical Training. The rotation consisted of Breast, Vascular and Thoracic, Colorectal, Accident and Emergency, Laparoscopic and General Surgery.
The duties of the post were those of a higher surgical trainee with participation in the on call rota for General Surgery (1:3).
- 05/1995 – 05/1996 General Practice in Fiscardo, Cephallonia, Greece.
Accident and Emergency Officer, Sami Health Centre, Cephallonia, Greece (combined appointment)

CLINICAL EXPERIENCE

Breast Surgery

I have worked in the Breast Unit of King's College Hospital for the last 20 months and am experienced in breast conserving surgery as well as the various forms of mastectomies, with and without reconstruction. My present post allows me the opportunity to assist the plastic surgeons at St Thomas' through which I have regular exposure to major oncoplastic reconstructive work. I am confident in all forms of axillary surgery, needle localisation biopsies, both diagnostic and therapeutic, major and minor duct excision as well as sentinel node biopsy (dye and isotope).

King's College Hospital is the regional assessment Unit for South East Thames Breast Screening Program so I was very lucky to work closely with Dr Michael Michel the lead Radiologist of the Unit and gained a wide experience in advanced breast management from screening referrals.

We have two MDM per week for both screening and symptomatic cases.

In our Unit we run a rapid access clinic with 65 new patients per week in the new patient clinic as well as results clinic, breast cancer follow-up clinic and a family history clinic. In King's College Breast Unit there are prone stereotactic biopsy facilities additionally to U/S guided biopsies and we have recruited patients into the COMICE trial.

General Surgery

I am experienced in the surgical management of the acute abdomen and traumatology both penetrating and blunt trauma, including chest/pelvic, major vascular and head injuries. I am ATLS-trained and have formed a primary member of the trauma team in nearly all my specialist registrar positions. I am also exposed to colorectal, hepatobiliary, vascular surgery and endocrine surgery through my whole training. My current post in King's College Hospital offered me a further exposure to Endocrine Surgery for the last six months after Mr Schulte our Endocrine and General Surgeon Consultant started his employment in King's College Hospital. For almost two years now I am taking part in the on-call rota at senior registrar level and I am able and confident to perform abdominal surgery as well as deal with penetrating trauma since

King's is a level one Trauma Center with approximately one penetrating trauma per day.

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Administration and Management

Throughout my training I have been involved in the preparation and presentation of audits in all its forms. At King's I am responsible for the monthly notes audit for a firm of three consultants that reported back at Trust level.

I have been attended the weekly breast multidisciplinary team meetings in King's College Hospital for the last 20 months. This is quite an enjoyable and educational experience. I recognize that cancer management is best served by a team approach with each member providing a valuable expert opinion. I also recognize that leadership is needed in such situations to focus the team on the problem in hand to bring the meeting to a timely conclusion.

Leadership skills have been learnt by observing seniors whilst a junior trainee and I have developed these skills in the management of the many house officers and senior house officers that I have been responsible for as a higher surgical trainee.

Postgraduate Courses and Training

- Training in Advanced Trauma Life Support (**ATLS**) since 1996
- <<**Computers in Medicine**>> course for 40 hours, in the Computer Laboratory of the University Hospital of Patras, Greece, 2000
- **Advanced breast management course** held by the ABS of BASO in the Royal College of Surgeons in February 2004.

Teaching Experience:

For one year (2001) I taught Basic Medical Studies to Undergraduate students for the Emergency Department (Paramedical Staff).

I am actively involved in the teaching of undergraduates and held regular tutorial groups at King's. I also participated in the OSCE examinations for the undergraduates students

Postgraduate teaching has involved journal clubs and case presentations throughout my rotation.

I have taught on basic surgical skills courses in King's College Hospital.

Research Experience

In the Experimental Laboratory of the University Hospital of Patras, Greece,

from January 1999 up to February 2000 on “ **Bacterial translocation and endotoxemia following Pringle Manoeuvre in rats**”.

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Membership of Societies:

- GMC, Full registration and on the specialist registration No:6056417, Date of registration:10/12/2002
- MDU, No: 449660 C
- Association of Breast Surgery ABS at BASO
- European Society of Surgical Research (ESSR)
- Greek General Surgery Society of Infections

Languages

- First Certificate in English
- First Certificate in German

Hobbies – Interests

Sailing, reading, and tennis

Published Abstracts

1. **A. Apostolopoulou**, C.Vagianos, D.Dougenis, J.Androulakis “**One stage surgical treatment of simultaneous lung and hepatic hydatidosis**”. 7th World Congress of “Eurosurgery”, Athens, Greece 1997, *British Journal of Surgery* 84 (suppl 2), 147, 1997
2. T.Petsas, **A. Apostolopoulou**, G.Skroubis, C.Vagianos. “**Percutaneous liver Biopsy in patients high risk for bleeding.The protective role of fibrin glue**”. European IHPBA Congress, Budapest, Hungary 1999, *Dig Surg* 16 (suppl 1) 40, 1999
3. S.Assimakopoulos, G.Zervoudakis, **A. Apostolopoulou**, N.Patsoukis, CD.Scopa, C.Vagianos. “**Beneficial effects of Neurotensin (NTN) and Bombessin (BBS) in reducing oxidative stress in liver of experimentally jaundiced rats**”. 11th World Congress of the International Association of Surgeons and Gastroenterologists, Heraklion Crete, Greece 2001, *Hepatogastroenterology suppl. 1, Vol. 48* November 2001
4. **A. Apostolopoulou**, N.Gigouris, M.Marangos, E.Gianoulaki, I.Tsolakis. “**Tuberculous aneurysm of the abdominal aorta. A case report**” presented in the 8th Panhellenic Congress of the Vascular Surgery Society, Athens, Greece, 25-27 January 2002 and submitted to *Eur. J.Vasc.*

5. J.Tsolakis, B.Zolota, S.Kakkos, A. Apostolopoulou, P.Peristeropoulou, J.Androulakis. **Mast cell infiltration in lower limb varicose veins:relation to patient's age.** *Published in Intern. Angiology, 2003*

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Presentations in International Congresses

6. **A. Apostolopoulou, C.Vagianos, D.Dougenis, J.Androulakis “One stage surgical treatment of simultaneous lung and hepatic hydatidosis”.** 7th World Congress of “Eurosurgery”, Athens, Greece 1997, *British Journal of Surgery* 84 (suppl 2), 147, 1997 (oral presentation)
7. J.Tsolakis, B.Zolota, S.Kakkos, A. Apostolopoulou, P.Peristeropoulou, J.Androulakis. **Mast cell infiltration in lower limb varicose veins:relation to patient's age.** *XXXII Congress of ESSR, Corfu, Greece, 1997 (poster)*
8. T.Petsas, **A .Apostolopoulou, G.Skroubis, C.Vagianos. “Percutaneous liver Biopsy in patients high risk for bleeding.The protective role of fibrin glue”.** European IHPBA Gongress, Budapest, Hungary 1999, *Dig Surg* 16 (suppl 1) 40, 1999(oral presentation)
9. S.Assimakopoulos, G.Zervoudakis, **A. Apostolopoulou, N.Patsoukis, CD.Scopa, C.Vagianos. “Beneficial effects of Neurotensin (NTN) and Bombessin (BBS) in reducing oxidative stress in liver of experimentally jaundiced rats”.** 11th World Congress of the International Association of Surgeons and Gastroenterologists, Heraklion Crete, Greece 2001, *Hepatogastroenterology suppl. 1, Vol. 48* November 2001(oral presentation)
10. **A. Apostolopoulou, N.Gigouris, M.Marangos, E.Gianoulaki, I.Tsolakis. “Tuberculous aneurysm of the abdominal aorta. A case report”**presented in the 8th Panhellenic Congress of the Vascular Surgery Society, Athens, Greece, 25-27 January 2002 and submitted to *Eur. J.Vasc.*(oral presentation)
11. **A. Apostolopoulou, J.Kirkilesis, CD.Scopa, I.Spiliopoulou, G.Kouraklis, C.Vagianos. Bacterial translocation and endotoxemia following “Pringle manoeuvre” in rats. The effect of gut decontamination XXXVI Congress of the ESSR, Santiago de Compostela Spain, June 6-9, 2001**(oral presentation)
12. Kirkilesis I, Tsiftsis D, Scopa C.D, **A.Apostolopoulou, Vagianos C. Immediate and late intestinal barrier dysfunction after Pringle manoeuvre in trauma surgery.** 5th *European Congress of Trauma and Emergency Surgery, Istanbul October, 2002 (oral presentation)*
13. **A.Apostolopoulou, Tsiftsis D, Vagianos C, Stavropoulos M, Filos K.S. 5th European Congress of Trauma and Emergency Surgery,Istanbul October, 2002 (oral presentation)**

Presentations in Greek Congresses

1. **A. Apostolopoulou, A. Plotas, J. Petrochilos, M. Vardamidis, C. Vagianos. Massive bleeding from gastric varicose veins after thrombosis of the splenic. 25th Panhellenic Medical Congress, Athens, 1999 (oral presentation)**
2. **A. Apostolopoulou, C. Vagianos, G. Scroubis, M. Karamesini, T. Petsas. Percutaneous biopsy in diagnostic approach of hepatic lesions. Prevention of bleeding complications by using fibrin glue. 25th Panhellenic Medical Congress, Athens, 1999 (oral presentation)**
3. **V. Patrino, C. Vagianos, J. Petrochilos, A. Apostolopoulou. Unusual complications after thrombosis of the splenic vein. Report of two cases. Scientific Congress of the Greek General Surgery Society, Athens, 19 October, 1999 (oral presentation)**
4. **A. Apostolopoulou, C. Zafronis, C. Vagianos, E. Theodori, A. Maniati. The use of blood products in major surgical procedures in general surgery. 1st Panhellenic Congress of the Greek Blood Transfusion Society, Athens 17-18 March 2000 (poster)**
5. **A. Apostolopoulou, E. Tsiota, M. Karamesini, T. Petsas, C. Vagianos, J. Dimopoulos. Subpleural infusion of the normal saline during percutaneous biopsies of the lung parenchyma. Prevention of pneumothorax. 26th Panhellenic Medical Congress, Athens, 2000(oral presentation)**
6. **A. Apostolopoulou, C. Vagianos, D. Tsiftsis, M. Stavropoulos, G. Kalafatis, A. Maniati. Conservative treatment on trauma injury of liver and spleen. 2nd Panhellenic Congress of the Greek Blood Transfusion Society in collaboration with the British Transfusion Society, Patras 18-20 April 2002, (award for best poster presentation)**
7. **E. Likaki-karatza, D. Koukouras,, F. A. Barda, P. Ravazoula, M.B. Karamouzis, A. Apostolopoulou, E. Tzorakoeleutherakis. Ten years clinical experience in phylloids tumors of the breast. 27th Panhellenic Surgery Congress, Athens, Greece. 2002 (oral presentation).**

COURSES AND MEETINGS ATTENDED

Breast Surgery

South East London Cancer Network Breast Disease Study Day
11 May 2004
PGMC, Weston Education Centre

Advanced Management of Breast Disease Course
23-26 February 2004
Royal College of Surgeons of England

BASO - ACS Scientific Conference
25-26 November 2003
Royal College of Surgeons of England

Keeping abreast: an update on developments in Breast Cancer
19 November 2003
Chelsea Football Stadium Conference Stadium

South East London Cancer Network Breast Diseases Study Half Day
11 November 2003
PGMC, Princess Royal University Hospital, Farnborough

Referees:

- **Mr J. V. Roberts**, Consultant Breast Surgeon, Department of Breast Surgery, King's College Hospital, Denmark Hill, London SE5 9RS.
Tel: 02077374000, ext 2981. Mobile: 07970610178. Fax:02073464798
- **Mr Klaous Martin Schulte** , Consultant Endocrine Surgeon,
Department of Breast and Endocrine Surgery, King's College Hospital,
Denmark Hill, London SE5 9RS.
Tel: 02077374000, ext 1925. Mobile: 07981108706
- **Mr S. Papagrigoriadis**, Consultant Colorectal Surgeon, Department of
Colorectal Surgery, King's College Hospital, Denmark Hill, London SE5
9RS.
Tel: 0207 7374000, ext. 2098, Fax:02073464869, Mobile: 07977145409
- **Mr C.Vagianos**, Associate Prof. In the Department of General Surgery
University Hospital of Patras, Greece, P.C: 26500
Off. Tel :00302610999779, Fax:00302610993984